Discoveries

We spent more than 4 years looking at the hows and whys of bread and devised experiments to help illustrate principles we think are important. How do you fix subpar dough? What, exactly, does steam do to bread? And how dense is brioche, anyway? Some of these are our own discoveries, and others have been published previously but are not widely known.

The Largest Loaf	page 1.330	How Much Do Purees Affect Volume?	page 396
What's Denser: Brioche or Whipped Cream?	page 10	Care and Feeding of Your Levain	page 3.52
Bread Recipes Vary Wildly	page 36	Dough CPR	page 3·224
How Thirsty Is Your Flour	page 233	How Many Bubbles Are in a Loaf of Bread?	page 3·288
Bread Crumb Is a Clear Gel When You Look	page 234	How Bread Bakes: The Heat Pipe Effect	page 3·292
Close Enough		How and Why to Bake with Steam Injection	page 3·294
Unslicing Bread	page 237	Breads Age Differently	page 3·405
Supercharged Yeast	page 281	How Long Does Bread Last in the Freezer?	page 3·419
Ingredients for a Soft Crumb	page 348	The Sorry State of North American Rye Breads	page 4.332
How Much Payload Can Dough Hold?	page 364	and Flours	
		Idli Gluten-Free Bread	page 5·282



The largest loaf (see page 1.330)



Bread crumb is a clear gel (see page 234)

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Insights

We found new ways to look at some old ideas.

Mixing and Kneading Don't	page 3∙69
Do What We Were Told	
How Bread Bakes: The Heat	page 3·292
Pipe Effect	

Radical Recipes

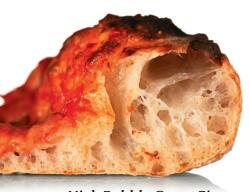
Even if you've been baking bread for years, you'll be surprised by some of our radical recipes. Yes, you can make rye bao. You can pressure-can bread. You can even pump air directly into bread.

Breads in a Jar	page 3.406
55 °F Sourdough	page 4·63
Panettone Express	page 4.254
Challah with Enzymes	page 4.279
High Bubble Count Pizza Dough	page 5·128
Aerating Injera with a Siphon	page 5·156
Rye and Pumpernickel Bao	page 5·237
Idli Gluten-Free Bread	page 5·282

Surprisingly Awesome Recipes

It may not have crossed your mind to make tortillas with rye or add dashi to brioche, but we were determined to think way outside the box. Some of these recipes turned out so great, even we were surprised.

Rye Tortillas	page 381
Seawater Sourdough	page 4·74
Chocolate and Cherry Sourdough	page 4·80
Foie Gras Brioche	page 4·232
Brie-oche	page 4·233
Dashi Butter Brioche	page 4·234
Two-Step Sandwich Loaf	page 4·302
Bryöche	page 4.391
Black Pudding Sourdough	page 4·373



High Bubble Count Pizza Dough (see page 5·128)





Brie-oche (see page 4.233)